



Junior Development Program



Headland Golf Club is committed to the growth of Junior golf.

We offer an extensive My Golf Junior Program for children aged between 7 and 17.

We have coaching clinics that run each school term and we also run clinics over some holiday periods.

Headland Golf Club's Junior coach, Matt Douglas, (2014 PGA Trainee of the Year) is passionate about the growth of Junior golf, not only on the Sunshine Coast, but throughout Queensland and Australia.

Matt aims to provide our juniors with an avenue to learn golf, to socially interact with other children and to play competition golf.

Most importantly Matt wants the children to have

F U N !





Junior Coaching Program

Our coaching clinics are designed to accommodate skill levels ranging from Beginners, through to Intermediate and up to Advanced.

BEGINNER

The Headland Golf Club Beginner Junior Program is designed to get children started in golf. It is a 6 week program that runs each school term. All equipment is provided by the golf professional and the program is designed to give the children an introduction to golf fundamentals by participating in functional games.

A brief overview of the Beginner Junior Program is as follows:

- Week 1 Full Swing fundamentals (irons). Grip, set up, alignment and swing.
- Week 2 Chipping and pitching fundamentals.
- Week 3 On course play. Put into practice what we've learnt so far.
- Week 4 Putting fundamentals. Set up, alignment and distance control.
- Week 5 Full Swing fundamentals (woods). Grip, set up, alignment and swing.
- Week 6 Skills tests. In the final week the children will be given a variety of skills tests to evaluate whether they are ready to progress to the next level.

INTERMEDIATE

The Headland Golf Club Intermediate Junior Program is the next step after graduating from the Beginner program or for new members of the program that already have the skills to be in the Intermediate program. The program is designed to be a pathway to the Advanced program. It is a 6 week program that runs each school term.

A brief overview of the Intermediate Junior Program is as follows:

- Week 1 Long game fundamentals (irons). Grip, set up, alignment, aim. Hitting to specific targets.
- Week 2 Chipping and pitching fundamentals. Hitting to targets, distance control and flight control.
- Week 3 On course play. Etiquette, rules and specific game play tests.
- Week 4 Putting fundamentals. Drills to use when practicing to improve all areas of putting.
- Week 5 Long game fundamentals (woods). Grip, set up, alignment, aim. Hitting to specific targets.
- Week 6 Skills tests. In the final week the children will be given a variety of skills tests to evaluate whether they are ready to progress to the next level.





Headland Golf Club

Junior Coaching Program cont.

ADVANCED

The Headland Golf Club Advanced Junior Program is aimed at juniors that are ready to play, or are already playing, competition golf. This may include graduates from the Intermediate program, juniors already in the Advanced program or new members of the program. This level of the program incorporates a lot more individual coaching with more 1 on 1 time spent with each junior to accommodate their specific needs. It is a 6 week program that runs each school term.

A brief overview of the Advanced Junior Program is as follows:

- Week 1 Long game coaching (irons). 1 on 1 time spent with each junior, coaching to their specific requirements.
- Week 2 Short game coaching (chipping and pitching). Teaching the juniors to hit more shots to improve their versatility on the course.
- Week 3 Bunkers. Group session giving juniors the fundamentals to be able to play a bunker shot out on the golf course.
- Week 4 Putting fundamentals. Set up, alignment, distance control and reading greens.
- Week 5 Long game coaching (woods). 1 on 1 time spent with each junior, coaching to their specific requirements.
- Week 6 On course play. Incorporating course management, rules and dealing with different lies (uphill, downhill) encountered on the course.



Junior Golf Clinics 2018

HOLIDAY CLINICS*

June School Holiday Clinic: July 2nd & 3rd 2018

September Holiday Clinic: September 24th & 25th 2018

December Holiday Clinic: December 17th & 18th 2018

All holiday clinics run for 3 hours each day, 1:30pm-4:30pm.

The cost is \$50 per day or \$90 for the 2 days if paid prior to the first day.

Afternoon tea is provided each day for the children.

TERM CLINICS*

TERM 1 2018:

Monday (Beginner): January 29th, February 5th, 12th, 19th, 25th, March 5th

Tuesday (Beginner/Intermediate): January 30th, February 6th, 13th, 20th, 27th, March 6th

Wednesday (Advanced): January 31st, February 7th, 14th, 21st, 28th, March 7th

TERM 2 2018:

Monday (Beginner): April 23rd, 30th, May 7th, 14th, 21st, 28th

Tuesday (Beginner/Intermediate): April 24th, May 1st, 8th, 15th, 22nd, 29th

Wednesday (Advanced): April 25th, May 2nd, 9th, 16th, 23rd, 30th

TERM 3 2018:

Monday (Beginner): July 23rd, 30th, August 6th, 13th, 20th, 27th

Tuesday (Beginner/Intermediate): July 24th, 31st, August 7th, 14th, 21st, 28th

Wednesday (Advanced): July 25th, August 1st, 8th, 15th, 22nd, 29th

Term 4 2018:

Monday (Beginner): October 8th, 15th, 22nd, 29th, November 5th, 12th

Tuesday (Beginner/Intermediate): October 9th, 16th, 23rd, 30th, November 6th, 13th

Wednesday (Advanced): October 10th, 17th, 24th, 31st, November 7th, 14th

TERM CLINIC COST

All term clinics cost \$100 for the 6 weeks or \$20 per week pro rata

CLINIC SIZE

Clinic sizes are limited to 8 children per clinic for safety reasons.

TERM CLINIC TIMES:

Monday's clinic: 3:30pm-4:30pm

Tuesday's clinic: 4:15pm-5:15pm (term 2 and 3) 4:30pm-5:30pm (term 1 and 4)

Wednesday's clinic: 4:15pm-5:15pm (term 2 and 3) 4:30pm-5:30pm (term 1 and 4)

BOOKINGS AND ENQUIRIES

Sign on and or enquiries for each clinic can be made by:

Calling the pro shop: 5444 5800 ext. #1

Emailing the pro shop: proshop@headlandgolfclub.com.au

*Clinic dates are subject to change due to unforeseen circumstances.





Junior Membership

Junior Membership (age 7 - 17) is only \$99 per year

MEMBERSHIP INCLUDES:

On joining all new Junior Members will receive an introductory welcome pack valued at over \$60

Annual Membership includes Golf Australia Affiliation Fees and a half hour golfing lesson (valued at \$50) with a member of our professional golfing staff.

MONTHLY JUNIOR COMPETITION:

Every month on a Saturday afternoon there is a 6 hole competition open to all HGC Junior Members.

JUNIOR PENNANT GOLF:

HGC Juniors participate in the Sunshine Coast Zone Pennant competition. This is generally played on Sunday mornings between February and April.

Successful qualifiers for the Junior Pennant team receive free additional coaching, a free team pennant shirt, and guidance from our professional golf staff.

CLUB CHAMPIONSHIPS:

HGC Club Championships are held each year and include a Junior category to determine a male and female Junior Club Champion.

DISTRICT GOLF:

Our Junior golfers are encouraged to participate in Sunshine Coast events. For example, our Juniors can play the Sunshine Coast "Invincibles" tour - www.theinvinciblestour.org

Information about Junior Golf at a District level can also be found on the following websites:

- Sunshine Coast Burnett District Women's Golf - www.scbdwwg.com.au
- Men's Sunshine Coast Golf Zone - www.sunshinecoastgolf.org

HISTORY OF JUNIOR ACHIEVERS:

Headland Golf Club has a proud history of helping develop junior golfers, both male and female.

Some like Adam Scott went on to become Masters Champion.

Others like Richard Moir, Craig Jones, Marcus Cain, Andrew Bonhomme, Jack Trent and Ryley Martin have won National and World Junior events.

Many more like Ben Wedmaier, Matt Kiernan, and Jennifer Ray have forged their way into the ranks of playing/teaching professionals.

And just as importantly many are still making their mark at Headland. Senior players like Simon Whittle, James Kidd and Adam Richards have come through our Junior ranks, winning Club Championships and major events on the way.

FACILITIES FOR JUNIORS:

- Quality Practice facilities: putting/chipping/short irons.
- Qualified Coaches
- Full range of Junior equipment and clothing available through the Proshop.
- Junior committee in place to promote all aspects of Junior golf at HGC.

