

Vista

@ HEADLAND

LUNCH 7 DAYS A WEEK 11AM-2PM
COFFEE AND CAKE FROM 10AM
PHONE: 5444 5800 Ex. 2

BREADS

Loaded herb, garlic, bacon & cheese on panini bread 8.50.

Pizza bread with rosemary, olive oil and balsamic drizzle 8.50.

LUNCH MENU

BLT

crispy bacon, lettuce, mayo, tomato on toasted Turkish 8.80.

BLAT

crispy bacon, lettuce, mayo, avocado & tomato on toasted Turkish 10.50.

HAMBURGER

grilled onion, beef patty, cheese, salad on Turkish bun with chips 15.50.

STEAK SANDWICH

110g char grilled rib fillet, onion, cheese, tomato relish on Turkish bun with chips 16.

GOURMET STEAK SANDWICH

110g char grilled rib fillet, onion, cheese, tomato relish with bacon, fried egg, salad & chips on open style Turkish bun 19.50.

TURKEY SANDWICH TOASTED ON SOURDOUGH BREAD

turkey, brie, red onion and cranberry on toasted sourdough 12.

CHEFS SPECIALS

See the whiteboard for daily specials.

LUNCH MENU

RIB FILLET STEAK *

200g rib fillet with your choice of mushroom, pepper or diane sauce served with mash & greens OR chips & salad 24.50.

PRIME T-BONE STEAK *

350g T-Bone with your choice of mushroom, pepper or diane sauce, served with mash & greens OR chips & salad 28.

FISH & CHIPS

crispy battered flathead fillets served with salad, chips & tartare sauce 17.

CONE BAY BARRAMUNDI *

Australian grilled barra with lime aoli and your choice of salad & chips OR mash & greens 25.

SEAFOOD PLATE

Tassie scallops mornay, crumbed local whiting, salt & pepper calamari, beer battered flathead, grilled Mooloolaba prawn skewer, chips, salad & tartare sauce 26.

ROASTED FIELD MUSHROOMS (GF/V)
field mushrooms, wilted baby spinach, pine nuts, roasted pumpkin on saffron risotto with goat's cheese 18.

GF gluten free

* gluten free by request

V vegetarian

GF/V gluten free & vegetarian

Please place your order at the restaurant counter and collect your buzzer

PLEASE TURN OVER.....

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SALADS

LOCAL KING PRAWN SALAD (GF)
prawn, mango, macadamia salad with
black bean spaghetti and Thai dressing 23.

NOURISH BOWL (GF/V)
puy lentil falafel, organic quinoa &
spinach salad with toasted seeds, roast
pumpkin & beetroot hummus 17.

SIDES

Bowl of beer battered chips 5.50.
Hot Snack includes chips, spring rolls dim sims,
calamari & kabana sausage 10.
Side of beer battered chips 2.20.
Sweet potato wedges sour cream/sweet chili 12.
Gravy, aioli, avocado, sour cream etc 1.50.

KIDS MENU \$10.

All kids meals include ice-cream and topping
{under 10 years of age}

Crispy battered fish, chips/salad
Bolognese with penne pasta
Mini cheeseburger & chips
100g steak on mash, peas and gravy
Crumbed chicken tenderloins, chips/salad

SMOOTHIES

TROPICANA SMOOTHIE 8.
Banana, mango, pineapple, coconut water
GREEN SMOOTHIE 8.
Kale, spinach, mint, banana, dates,
almond butter & coconut water

DESSERT DEAL

Check our whiteboard for our house made dessert options 6.
Coffee {cup} and dessert deal only 8.50.
Gluten free options available

COFFEE AND TEA

Grande Milano Italian Coffee Beans
Cup 3.50 & Mug 4.50
short black 3
Cup: flat white / chino / small latte / 3.50
Mug: flat white / large latte / long black / chai latte 4.50
iced latte 5. / iced coffee with scoop of ice-cream 5.5
hot chocolate 4.5
Selection of teas including english b/fast, bushells, green, peppermint 3.20
Milk: soy, almond or lactose free extra .50
vanilla or caramel syrup .50

Thank you for choosing to dine at Vista @ Headland
We appreciate your support and look forward to your return

lunch menu